

Supporting Students at Home: Kindergarten

Originally developed by Howard County Public Schools; adapted for Denver Public Schools

Overview

This guide is designed to provide ideas for engaging children in learning activities while schools are closed for COVID-19. The activities listed are intended to help keep children intellectually active while they are at home. The activity ideas do not represent the first level of instruction that occurs in schools. Best practices for first instruction will occur when students return to school.

The activities and tasks that children complete at home will not be used as assessment or counted toward part of the student's grades. Families should review the list and select options that are relevant and accessible. The activities can be done more than once.

Sample Daily Schedule

8:00-9:00	Wake Up & Get Ready	Eat breakfast, get dressed, get ready for the day
9:00-10:00	Academic Time	Choose one or more of the options from the list below.
10:00-10:30	Free Choice	Choose an activity such as legos, drawing, cooking, puzzles, board games
10:30-11:00	Screen Time	Choose one or more screen based activities from the list below.
11:00-12:00	Lunch & Free Time	Eat lunch, go for a walk or play outside
12:00-1:00	Academic Time	Choose one or more of the options from the list below.
1:00-1:30	Free Choice	Choose an activity such as legos, drawing, cooking, puzzles, board games
1:30-2:00	Reading	Read a book or use Sora (OverDrive) to read or listen to an eBook or audiobook..

2:00-2:30	Outdoor Time	Go for a walk or play outside
2:30-3:00	Screen Time	Choose one or more screen based activities from the list below.
3:00-4:00	Free Choice	Choose an activity such as legos, drawing, cooking, puzzles, board games

Activity Choices

Each instructional area has a “choice board” of options. Consider choosing a variety of activities from a few different content areas each day. These options include opportunities for physical activity, reading books, and using technology, online resources, and television programming. Conversations with your child about the activities they are completing will help to support communication skills and understanding.

Please use the following chart (originated by Howard County Public Schools and adapted for use by Denver Public Schools) to help your child select a variety of activities each day to encourage continuity of instruction in all areas:

Topic	Option 1	Option 2	Option 3	Option 4
Language Arts	<p>Read and/or listen to books every day. Use the Sora (OverDrive) app or website to access the DPS collection of eBooks and audiobooks using a computer, phone, or tablet.</p> <p>Create a drawing about your story using your sidewalk chalk, markers, crayons, or paint.</p>	<p>Say “Tongue Twisters” and have fun with sounds. -Freshly fried flying fish -She sells seashells by the seashore</p> <p>-Ned's knapsack strap snapped -Rubber baby buggy bumpers</p> <p>Make up new Tongue Twisters!</p>	<p>Read and/or listen to an informational book that interests you. After reading the book, write or draw about the facts that you learned.</p>	<p>Play “Tic-Tac-Toe Blends.” Draw a tic-tac-toe board. Each player chooses a letter blend (bl, cl, br, tr, fl, gl, pl, scr, sk,) instead of X or O. The player must say a word that starts with that blend and write the blend in an empty space.</p>



Math	Go on a shape hunt. How many circles, triangles, squares, and rectangles can you find?	Count items around the house. How many clocks do you have? How many pieces of furniture do you have?	Put items such as socks, stickers, and toys into groups and talk about which group has more or less items.	How many different ways can you make a number (10 or less) using different combinations?
Science	Keep a home science journal. Add an entry each day by writing or drawing. What do you wonder? What can you observe (see, hear, feel)? Read or listen to a non-fiction science book and write about your new learning.	Do you have a pet at home or a favorite stuffed animal? Using as much detail as possible, draw and label a diagram about the body parts of the animal and the purpose of each body part. Do you see any animals outside? Write about what you observe them doing. What behavior do you see?	Think about cause and effect. What do you think would happen if you pushed softly on a ball? What would happen if you pushed hard on a ball? What happens? What caused it? What other toys can you push or pull in different ways? Write about the cause and effect in your home science journal.	Make close observations of different objects in your home or outside (<i>with adult permission</i>). How many different words can you use to describe the object? Can you describe the color, texture, size, shape, or smell? Are there any other features?
Social Studies	Create a list of rules. The rules can be for your family, school, or community. Draw pictures of yourself following each rule.	Talk with an adult about what life was like when they were a child. Compare how their childhood is similar and different from your life.	Explore your home and identify how items are made and where they come from.	Create a map of your favorite place (e.g. playground, home, community).
Related Arts	<i>Music:</i> Use different household items to explore the difference between beat and rhythm. Make up a song that includes loud and soft notes and sounds.	<i>Music:</i> Use your voice to explore high and low pitch. Compare and contrast your sounds with someone else	<i>Library Media:</i> Choose a variety of reading materials including picture books, chapter books, magazines, and comics. What do you notice is different between fiction and non-fiction?	<i>PE & Health:</i> (With adult permission) Spend 30 minutes on a physical activity of your choice.
Related Arts	<i>Instructional Technology:</i> Practice typing your first name and last name, username/ password, and/or high-frequency words in a blank word processing document.	<i>PE & Health:</i> Have a dance party. Dance to your favorite songs.	<i>ART:</i> Using available supplies, design a theme park based on your favorite things. Draw a sketch of your favorite rides. What might you eat while there? What decorations or themes would there be?	<i>Library Media:</i> Practice alphabetizing spices, canned goods, and other sets of items in your home.

Digital Resources

Here are a few suggested resources that can be accessed digitally

- [Sora \(OverDrive\) eBooks and audiobooks](#) (available in English, Spanish, and several other languages)
- DPS LION Databases: [PebbleGo](#), [Britannica Fundamentals](#), [Britannica Elementary](#)
- [PBSKids](#)
- [Denver Public Library Phone A Story](#) (available in English, Spanish, Amharic and Vietnamese)
- [Scholastic Learn at Home](#)
- [DPS' Academic Technology Menu](#):
 - Select School Breakdowns → Your School → Go!
 - **"Parent Consent Required"** tab: Resources approved via parent consent at your school
 - **"Parent Consent Not Required"** tab: District-approved resources

Ideas for activities for parents in Spanish

- DPS LION Databases: [PebbleGo](#), [Britannica Escolar](#)
- [Las Provincias](#)
- [Bebesymas](#)
- [Sapos Y Princesas](#)

Educational TV

PBS has a variety of educational TV. Here is how you can access PBS in the Denver area.

- Over the Air (Antenna)
 - Rocky Mountain PBS: Channel **6.1**
 - RMPBS KIDS: Channel **6.2**
- Cable TV (Comcast)
 - Rocky Mountain PBS: Channel **6 & 658**
 - RMPBS KIDS: Channel **245**
 - Create/World*: Channel **248**
 - On Demand: Channel **1** ("Your Colorado")
- Satellite (DIRECTV and Dish Network)
 - Rocky Mountain PBS: Channel **6**