



## Taageerida ardayda oo Joogta Guriga: Dugsiga barbaarinta

*Waxaa markii hore sameeyay Dugsiyada Dadwaynaha ee Degmada Howard (Howard County Public Schools); waxaa loo diyaarshay Dugsiyada Dadwaynaha ee Denver (Denver Public Schools)*

### Dulmarka

Tusmadaan waxaa loo sameeyay inay bixso fikrado lagula fal galaayo carruurta ku jiray hawlaho waxbarashada inta dugsiyadu xiran yihiin cudurka COVID-19 awgiis. Hawlaho liiska ku jira waxaa loogu talagalay inay gacan ka gaystaan ilaalinta firfircoonaanta garaadka carruurta intay guriga joogaan. Fikradaha shaqadu badal uma noqonayaan casharka heerka koobaad ah ee dugsiyada lagu baxsho. Talaabooyinka ugu fiican ee casharada koobaad waxaa la samaynayaa marka ardaydu kusoo laabtaan dugsiga.

Hawlaho iyo shaqooyinka carruurtu guriga ku samaynayaan waxaa loo adeegsan doonaa qiimayn ahaan ama waxaa lagu darayaa qayb kamin ah fasalka ardayda. Qoysaku waa inay akhriyaan liiska dookhyada la xushay ee ku haboon ilmahooda ayna heli karaan. Nashaadaadka waxaa la samayn karaa wax ka badan hal mar.

### Dagso Jadwalka Hawlaho Maalin kasta

<b>8:00 AM-9:00</b>	<b>Kac oo Diyaar Noqo</b>	Cun quraac, labiso, una diyaar garoow maalinta
<b>9:00 AM-10:00</b>	<b>Waqtiga Waxbarashada</b>	Ka dooro hal ama ka badan dookhyada ku jira liiska hoose.
<b>10:00 AM-10:30</b>	<b>Free Choice</b>	Dooro shaqo sida legos, wax sawirada, cunto karinta, googaalaysiga, ciyaaraha boorka
<b>10:30 AM-11:00</b>	<b>Waqtiga Shaashada</b>	Ka dooro hal ama ka badan oo nashaadaadka shaashada ah oo ku jira liiska hoose.
<b>11:00 AM-12:00</b>	<b>Qadada iyo Waqtiga Fasaxa</b>	Cun qado, soo wareeg ama banaanka kusoo ciyaar
<b>12:00 PM-1:00</b>	<b>Waqtiga Waxbarashada</b>	Ka dooro hal ama ka badan dookhyada ku jira liiska hoose.



1:00 AM-1:30	<b>Free Choice</b>	Dooroo shaqo sida legos, wax sawirada, cunto karinta, googaalaysiga, ciyaaraha boorka
1:30 AM-2:00	<b>Aqrinta</b>	Akhri buug ama ka dooroo buug aalada oonleenka ah oo ku jira mid kamid ah ilaha hoos ku qoran.
2:00 AM-2:30	<b>Waqtiga Banaan aadista</b>	Soo wareeg ama banaanka kusoo ciyaar
2:30 AM-3:00	<b>Waqtiga Shaashada</b>	Ka dooroo hal ama ka badan oo nashaadaadka shaashada ah oo ku jira liiska hoose.
3:00 AM-4:00	<b>Free Choice</b>	Dooroo shaqo sida legos, wax sawirada, cunto karinta, googaalaysiga, ciyaaraha boorka

## Dookhyada Shaqada

Qayb kasta oo casharka kamid ah waxay leedahay dookhyada "Boorka Dookha". Ka fakar inaad hawlo kaladuwaa ka doorato mawduucyo dhaw ah oo kaladuwaa maalin kasta. Dookhyadaan waxaa ku jira fursadaha jimicsiga jirka, akhrinta buugta, iyo adeegsiga tignooloojiyada, ilaha oonleenka ah, iyo barnaamijiyada taleefishinka. Wada sheekaysiga aad la samayso cunugaaga ee ku saabsan shaqooyinka ay samaynayaan aaya gacan ka gaysan doona taageerida xirfadaha hadalka iyo fahanka.

Fadlan adeegso shaxda soo socota (oo ay markii hore lahaayeen Dugsiyada Dadwaynaha ee Degmada Howard (Howard County Public Schools) ayna dabaqeenn adeegsigooda Dugsiyada Danwaynaha ee Denver (Denver Public Schools) si aad uga caawiso cunugaaga doorashada shaqooyin kaladuwaa maalin kasta si aad u dhiiri galiso sii wadista casharka ee dhammaan mawduucyada:



Mawduuca	Dookha 1	Dookha 2	Dookha 3	Dookha 4
Farshaxan Luqadaha	Akhri/dhagayso sheeko Abuur sawir la xariira sheekadaada adoo adeegsanaaya jeestada sabuurada, qalinka sabuurada, qalimaanta midabka, ama riinji.	Dheh "Xarfaha Carabka Dhiba" kuna baashaal codadkooda. -Freshly fried flying fish (kalunka hadda la shiilay ee biibaaya) -She sells seashells by the seashore (Waxay kalunka ku iibisaa xeebta badda)  -Ned's knapsack strap snapped (Badhanada xariga boorsada Ned ayaa Isku dhagay) -Rubber baby buggy bumpers (Xafaayadaha cinjirka ah ee ilmaha Yar)  Samee Xarfaha Carabka Dhiba oo Cusub!	Akhri/dhagayso buug xog bixinaaya oo aad xiisaynayo. Kadib markaad akhrido buuga, akhri ama sawir xaqiiqooyinka aad ka baratay buuga.	Ciyaar ciyarta "Xirmooyinka Sawirka la gasho (Tic-Tac-Toe Blends)." Sawir shaxda tic-tac-toe. Ciyaare kasta wuxuu dooranayaa xarfo lamaane ah (bl, cl, br, tr, fl, gl, pl, scr, sk,) halkii uu ka dooran lahaa X ama O. Ciyaaruhu waa inuu sheegaa erayga ku bilaabanaaya xarfaha lamaan uuna ku qoraa xarfaha lamaan meel banaan.
Xisaabta	Raadi qaabka. Meeqa goobino, sadex xagalo, isku wareegyo, iyo afar geesoodlayaal ayaad heli kartaa?	Tiri alaabta taala guriga. Meeqa saacadood ayaad haysata? Meeqa saacadood ayaad haysataa?	Koox-koox u dhig alaabta sida sigisaanta, istiikarada, iyo boonbalayaasha kana hadal kooxda ka badan ama ka yar kooxaha kale.	Meeqa qaab oo kaladuwan ayaad tiro u abuuri kartaa (10 ama ka yar) adoo adeegsanaaya iskudar kaladuwan?
Saayniska	Hayso joornaalka sayniska guriga. Wax cusub ku dar maalin kasta adoo qoraaya ama sawiraaya. Maxaad la yaabtaa? Maxaad aragtaa (ujeedaa, maqlaysaa, dareemaysaa)? Akhri ama dhagayso buugaagta sayniska ee dhabta ah kadibna qor waxa cusub ee aad baratay.	Guriga ma kuu joogaa xayawaan rabaayad ah ama xayawaan boonbale ah ood jeceshahay? Adoo adeegsanaaya xogta ugu badan ee aad heli karto, sawir oo calaamadee sawir ku saabsan qaybaha jirka ee xayawaanka iyo shaqada ay qayb kasta oo jirkaas kamid ahi ay qabto. Ma ujeedaa wax xayawaano ah oo banaanka jooga? Qor waxa aad u jeedo ayagoo samaynaaya. Waa maxay habdhaqanka aad u jeedo?	Ka fakar sababta iyo saamaynta. Maxay kula tahay inay dhici lahaayeen haddii aad tartiib u riixdo kubada? Maxay kula tahay inay dhici lahaayeen haddii aad si adag u riixdo kubada?  Maxaa dhacay? Maxaa sababay? Waa maxay boonbalayaasha kale ee aad u riixi karto qaabab kala duwan? Ku qor waxa sababay iyo saamayntooda joornaalkaaga sayniska guriga.	Si dhaw ugu firso waxyaabaha kaladuwan ee aad ku aragto gurigiina ama banaanka ( <i>asagoo qof wayn uu kuu fasaxaayo</i> ). Meeqa eray oo kaladuwan ayaad adeegsan kartaa si aad u qeexo do sheeyga? Ma qeexi kartaa midabka, taabashada, xajmiga, qaabka, ama urkiisa? Ma leeyayah sifooyin kale?



<b>Cilmiga Bulshada</b>	Abuur liiska xeerarka. Xeerarka waxaa lahaan kara qoyskaaga, dugsiga, ama bulshada. Sawir naftaada oo raacaayaa xeer kasta.	Qof wayn kala hadal siday ahayd noloshu markay ilmaha yar ahaayeen. Isbarbardhig ku samee sida noloshoodii carruurnimadu ula mid tahay iyo siday uga duwan tahay noloshaada.	Kusoo wareeg gurigiina oo aqoonso alaabaha la sameeyay iyo meesha ay ka yimaadeen.	Abuur qariirada meesha aad jeceshahay (tusaale, garoonka ciyaarta, guriga, xaafada).
<b>Farshaxanada Ku quseeya</b>	<i>Muusiga:</i> Adeegso alaabaha kaladuwaa ee guriga si aad u barato farqiyada u dhaxeeya turbaanka iyo laxanka. Samee hees ay ku jiraan miro cod dheer ah iyo kuwo fudud iyo codad.	<i>Muusiga:</i> U adeegso codkaaga si aad u barato codka dhawaaqa dheer iyo kan dhawaaqa hooseeya. Isbarbar dhig iyo isku aad ku samee codadkaaga iyo kan qof kale	<i>Xogta Maktabada:</i> Dooro noocyada kaladuwaa ee alaabaha akhriska ayna ku jiraan buugaagta sawirka, buugta cutubyada leh, wargaysyada, iyo sheekooinka shactirada ah. Maxaad ogaatay inay tahay farqiga u dhaxeeya sheeko mala awaal ah iyo mid run ah?	<i>Jimicsiga Jirka iyo Caafimaadka:</i> (Adoo fasax ka qaadanaaya qof wayn) Ku bixi 30 daqiqo jimicsiga jirka ood dooranayso adiggú.
<b>Farshaxanada Ku quseeya</b>	<i>Tignooloojiyada Casharada:</i> Baro sida loo qoro magacaaga koobaad iyo kan awoogaa, magaca/baasweerka aad aalada ku gasho, iyo/ama erayada xawaaraha dheer ood galinayso dukumiintiga lagu qoro erayada ee faaruqa ah.	<i>Jimicsiga iyo Caafimaadka:</i> Samayso xaflad qoob ka ciyaar ah. Ku dheel heesta aad jeceshahay.	<i>FARSHAXANKA:</i> Adeegso qalabvka aad haysato, dajji bud-dhig aad ku salaysay waxyaabo aad jeceshahay. Sawir sawirada meelaha lagu ciyaaro ee aad xiisayso. Maxaad cuni lahayd intaad halkaas joogto? Waa maxay sharaxaadaha ama naqshadaha meesha ka muuqan lahaa?	<i>Xogta Maktabada:</i> Baro miraha alifbeetada, cuntooyinka duban, iyo qaybaha kale ee alaabta gurigiina taala.

## Ilaха Dhijitaalka ah

Halkaan waxaad ka helaysaa dhawr ilood oo lasoo jeediyay oo oonleen ahaan lagu gali karo

- [Barnaamijka Wax ku baro guriga ee \(Scholastic Learn at Home\)](#)
- [PBSKids](#)
- [Maktabada Oonleenka ah ee Denver Public Schools](#)
- [Adeegga Sheekada Taleefanka ee Maktabada Dadwaynaha ee Denver](#) (waxaad ku helaysaa afafka Ingiriiska, Isbaanishka, Amxaariga iyo Vietnamese)
- [Dookhyada Tignooloojiyada Cilmiga ee DPS:](#)
  - Dooro Qaybaha Dugsiga → Dugsigaaga → Gal (School Breakdowns → Your School → Go)!
  - Batoonka "[Ogolaanshaha Waalidka ayaa Qasab ah \(Parent Consent Required\)](#)": Ilaха lagu ogolaaday ogolaanshaha waalidka ee dugsigaaga
  - Batoonka "[Ogolaanshaha Waalidka Qasab Maaha \(Parent Consent Not Required\)](#)": Ilaха ay ogolaatay degmadu



### **Fikradaha nashaadaadka waalidka oo ku qoran afka Isbaanishka**

- [Las Provincias](#)
- [Bebesymas](#)
- [Sapos Y Princesas](#)

### **TV ga Waxbarashada**

PBS waxay leedahay noocyoo kaladuwani oo TV yada waxbarashada ah. Halkaan ayaad ka helaysaa qabaka aad ku gali karto BPS ka aaga Denver.

- [Dhanka Khadka Hawada \(Antenna\)](#)
  - Rocky Mountain PBS: Channel **6.1**
  - RMPBS KIDS: Channel **6.2**
- [Cable TV \(Comcast\)](#)
  - Rocky Mountain PBS: Channel **6 iyo 658**
  - RMPBS KIDS: Channel **245**
  - Create/World\*: Channel **248**
  - Markaad Dalbato: Channel **1** ("Colorado-haaga")
- [Satalaytka \(TV GA TOOSKA AH\)](#)
  - Rocky Mountain PBS: Channel **6**
- [Satalaytka \(Khadka Diishka\)](#)
  - Rocky Mountain PBS HD: Channel **6**