

# Supporting Students at Home: Grade 1

*Originally developed by Howard County Public Schools; adapted for Denver Public Schools*

## Overview

This guide is designed to provide ideas for engaging children in learning activities while schools are closed for COVID-19. The activities are intended to help keep children intellectually active while they are at home. The activity ideas do not represent the first level of instruction that occurs in schools. Best practices for first instruction will occur when students return to school.

The activities and tasks that children complete at home will not be used as assessment or counted toward part of the student's grades. Families should review the list and select options that are relevant and accessible. The activities can be done more than once.

## Sample Daily Schedule

<b>8:00-9:00</b>	<b>Wake Up &amp; Get Ready</b>	Eat breakfast, get dressed, get ready for the day.
<b>9:00-10:30</b>	<b>Academic Time</b>	Choose one or more of the options from the list below.
<b>10:30-11:30</b>	<b>Screen Time</b>	Choose one or more screen based activities from the list below.
<b>11:30-12:30</b>	<b>Lunch &amp; Free Time</b>	Eat lunch, go for a walk or play outside.
<b>12:30-1:30</b>	<b>Reading</b>	Read a book or use <a href="#">Sora</a> (OverDrive) to read or listen to an eBook or audiobook.
<b>1:30-3:00</b>	<b>Academic Time</b>	Choose one or more of the options from the list below.
<b>3:00-4:00</b>	<b>Free Choice</b>	Choose an activity such as legos, drawing, cooking, puzzles, board games

## Academic Activity Choices

Each instructional area has a “choice board” of options. Consider choosing a variety of activities from a few different content areas each day. These options include opportunities for physical activity, reading books, and using technology, online resources, and television programming. Conversations with your child about the activities they are completing will help to support communication skills and understanding.

Please use the following chart (originated by Howard County Public Schools and adapted for use by Denver Public Schools) to help your child select a variety of activities each day to encourage continuity of instruction in all areas:

Topic	Option 1	Option 2	Option 3	Option 4
<b>Language Arts</b>	<p>Read and/or listen to books every day. Use the Sora (OverDrive) app or website to access the DPS collection of <a href="#">eBooks and audiobooks</a> using a computer, phone, or tablet.</p> <p>Create a drawing about your story using your sidewalk chalk, markers, crayons, or paint.</p>	<p>In your best handwriting, write a letter to your friend or teacher.</p> <p>Dear _____,</p> <p>Hi! _____</p> <p>_____</p> <p>Your friend,</p>	<p>Find a <a href="#">nonfiction book</a> that interests you. After reading it, write and illustrate 5 facts you learned from reading the book.</p>	<p>Play “Tic-Tac-Toe Blends” - Draw a tic-tac-toe board. Instead of choosing an x or an o, each player chooses a letter blend. Each player takes turns writing his blend in an empty space on the board. But, before he writes, the player must say a word that starts with that blend. Ex: bl, cl, br, tr, fl, gl, pl, scr, sk, spr</p>
<b>Math</b>	<p>Practice counting forwards and backward starting with any number (within 120) while doing various activities - hopping on one foot, jumping rope, waiting in line at a store, etc.</p>	<p>Pick an object in your home like a book or a pencil. Find things that are longer and things that are shorter than the object you selected. Make a list of those things.</p>	<p>Use playing cards to create two numbers. Add those numbers together. Show how you added.</p>	<p>Write an addition or subtraction sentence. Then, write a word problem that goes with it.</p>
<b>Science</b>	<p>Keep a home science journal! Add an entry each day by writing or drawing.</p>	<p>Do you have a pet at home or a favorite stuffed animal? Using as much detail as possible, draw</p>	<p>Find different round objects/balls in your house. What do you think would happen if you pushed</p>	<p>Make close observations of different objects in your home or outside (<i>with adult</i></p>



	<p>What do you wonder? What can you observe (see, hear, feel)? Read a non-fiction science book and write about your new learning.</p>	<p>and label a diagram about the body parts of the animal and the purpose of each body part. Do you see any animals outside? Write about what you observe them doing. What behavior do you see?</p>	<p>softly on a ball? If you pushed hard on a ball?  What happens? What caused it? What other toys can you push or pull in different ways? Write about the cause and effect in your home science journal.</p>	<p><i>permission</i>). How many different words can you use to describe the object? Can you describe the color, texture, size, shape? Are there any other features of the object? Write about them in your home science journal.</p>
<b>Social Studies</b>	<p>Create a list of rules. The rules can be for your family, school, or community. Draw pictures of yourself following each rule.</p>	<p>Create a map of your favorite place (e.g. playground, home, community).</p>	<p>Look at pictures from the past and present. Discuss what is similar and different.</p>	<p>Explore your home and identify how items are made and where they come from.</p>
<b>Related Arts</b>	<p><i>Art:</i> Draw a family member surrounded by things that are important to them.</p>	<p><i>PE &amp; Health:</i> Do 30 minutes of a physical activity of your choice OR Have a dance party! Dance to your favorite songs.</p>	<p><i>Instructional Technology:</i> Practice typing your first and last name, username/password, and/or high-frequency words in a blank word processing document.</p>	<p><i>Music:</i> Listen to any song and identify the verse and refrain. Translate that to letters. ex. ABAB.</p>



## Digital Resources

Here are a few suggested resources that can be accessed digitally

- [Sora \(OverDrive\) eBooks and audiobooks](#) (available in English, Spanish, and several other languages)
- DPS LION Databases: [PebbleGo](#), [Britannica Fundamentals](#), [Britannica Elementary](#), [Britannica Escolar](#), [Kids InfoBits](#)
- [PBSKids](#)
- [Denver Public Library Phone A Story](#) (available in English, Spanish, Amharic and Vietnamese)
- [Scholastic Learn at Home](#)
- [DPS' Academic Technology Menu](#):
  - Select School Breakdowns → Your School → Go!
  - **"Parent Consent Required"** tab: Resources approved via parent consent at your school
  - **"Parent Consent Not Required"** tab: District-approved resources

### Ideas for activities for parents in Spanish

- DPS LION Databases: [PebbleGo](#), [Britannica Escolar](#)
- [Las Provincias](#)
- [Bebesymas](#)
- [Sapos Y Princesas](#)

### Educational TV

PBS has a variety of educational TV. Here is how you can access PBS in the Denver area.

- Over the Air (Antenna)
  - Rocky Mountain PBS: Channel **6.1**
  - RMPBS KIDS: Channel **6.2**
- Cable TV (Comcast)
  - Rocky Mountain PBS: Channel **6 & 658**
  - RMPBS KIDS: Channel **245**
  - Create/World\*: Channel **248**
  - On Demand: Channel **1** ("Your Colorado")
- Satellite (DIRECTV and Dish Network)
  - Rocky Mountain PBS: Channel **6**